

Place	Bib	First Name	Last Name	Swim Time	T1 Time	Cycle Time	T2 Time	Run Time	Time	Age Group Description	Team Name
1	71	Sam	Proctor	9:47	0:59	25:53	0:38	16:32	53:52	M U20	
2	37	Richard	Hill	11:13	1:12	27:12	0:45	17:59	58:23	M 30 to 39	Greenwich Tritons
3	40	Chris	Hovenden	13:15	1:02	27:02	0:49	19:14	1:01:25	M 30 to 39	Les Stables Triathlon Holidays
4	25	Matthew	Field	12:12	1:32	29:17	0:43	18:45	1:02:31	M 30 to 39	Army Triathlon Association
5	20	Simon	Culver	12:24	1:33	29:48	0:51	18:50	1:03:29	M 20 to 29	Beckenham RC
6	94	David	Lewis	13:35	1:43	28:28	0:45	19:26	1:03:59	M 30 to 39	Deal Tri
7	55	Paul	Mason	12:22	1:34	30:06	0:55	19:25	1:04:24	M 40 to 49	Medwaytri
8	48	Steve	Lawson	12:40	1:14	29:18	0:39	20:56	1:04:49	M 40 to 49	Medwaytri
9	31	Richard	Greatbatch	12:46	1:13	28:48	0:50	21:14	1:04:53	M 40 to 49	Farrow Triathlon Club
10	68	Dean	Painter	12:15	1:13	29:30	0:48	21:27	1:05:15	M 50 to 59	Medwaytri
11	74	Austin	Rhodes	11:16	0:53	30:34	0:46	22:08	1:05:40	M U20	Medwaytri
12	63	Matt	Nunn	11:40	1:08	30:18	0:54	21:48	1:05:50	M 30 to 39	Medway Velo
13	26	Mark	Fletcher	13:55	0:56	29:43	0:51	21:22	1:06:48	M 40 to 49	

14	51	Catherine	Linney	12:20	1:03	30:29	0:46	22:11	1:06:52	F 40 to 49	7Oaks tri
15	60	Sam	Morley	12:14	1:24	32:35	0:41	19:58	1:06:54	M 20 to 29	Ocean Lake Tri
16	2	lee	Andrew	12:19	1:23	32:59	0:41	19:43	1:07:06	M 30 to 39	
17	7	Michael	Bishop	13:31	1:23	30:47	0:50	21:46	1:08:19	M 30 to 39	
18	34	Simon	Heaton	14:56	2:03	29:20	1:05	20:56	1:08:22	M 40 to 49	GS Avanti CC
19	39	Stephen R	Hoare	15:07	1:35	29:46	0:43	21:22	1:08:35	M 40 to 49	
20	62	Annette	Nixon	12:30	1:13	29:59	0:52	24:29	1:09:06	F 40 to 49	Deal Tri
21	66	Craig	Ormiston	13:53	1:02	30:10	0:50	23:32	1:09:29	M 40 to 49	VO2 Max Racing Team
22	85	Dan	Weale	14:07	1:27	29:53	0:56	24:14	1:10:39	M 30 to 39	adalta cc
23	33	Nick	Hatcher	13:29	1:53	31:15	1:02	23:15	1:10:56	M 30 to 39	N/a
24	16	Andrew	Cook	14:10	1:02	32:34	0:48	22:29	1:11:05	M 50 to 59	
25	22	Sarah	Dowling	14:33	1:26	32:22	0:56	21:51	1:11:10	F 50 to 59	
26	1	Mike	Abousselam	14:45	1:38	32:46	1:19	21:47	1:12:16	M 60 to 69	DWOT
27	21	Paul	Doe	13:43	1:32	31:22	0:47	25:24	1:12:51	M U20	Ocean Lake Tri
28	3	David	Ballard	15:24	1:52	32:34	1:13	22:30	1:13:36	M 50 to 59	Dartford and Whiteoak Tri Club

29	23	Michael	Duggan	13:55	1:33	33:00	0:53	24:39	1:14:02	M 40 to 49	Ocean Lake Tri
30	65	Tobias	Obeng-Frimpong	16:16	1:20	31:48	0:52	23:54	1:14:12	M 30 to 39	Ocean Lake Tri
31	53	Russell	Marsh	17:25	1:38	31:48	1:03	22:40	1:14:36	M 50 to 59	Ashford Tri Club
32	19	Matt	Cross	15:48	2:54	33:48	1:25	20:40	1:14:37	M 30 to 39	
33	73	Benjamin	Reavley	16:02	1:44	34:28	0:51	21:44	1:14:51	M 20 to 29	
34	9	john	Boyd	15:35	3:01	32:13	1:36	22:40	1:15:08	M 40 to 49	
35	59	louise	moore	13:53	1:49	32:56	1:17	25:15	1:15:11	F 40 to 49	Deal Tri
36	82	Lucy	Tomlinson	13:40	1:18	35:08	0:50	24:31	1:15:29	F 40 to 49	Ocean Lake Tri
37	32	Nick	Hassall	16:11	2:03	33:29	0:57	23:19	1:16:00	M 40 to 49	
38	13	Gina	Charleton	13:06	1:54	36:50	1:13	22:57	1:16:01	F 30 to 39	Orpington Ojays
39	57	Ben	McDowell	15:29	1:46	35:47	1:03	23:11	1:17:18	M 20 to 29	Medway Tri
40	61	keith	murphy	15:12	4:55	34:42	1:33	20:54	1:17:19	M 40 to 49	
41	30	Philip	Gowing	17:15	2:23	31:15	0:51	25:40	1:17:25	M 30 to 39	
42	87	Nick	Wigston	20:27	1:16	32:58	0:50	22:34	1:18:07	M 40 to 49	Ocean Lake Tri
43	92	James	Willingham	16:02	3:40	37:08	1:22	20:14	1:18:27	M 40 to 49	

44	64	Michael	O'Brien	14:51	2:17	34:58	1:21	25:20	1:18:48	M 40 to 49	
45	36	Kim	Henderson	14:31	2:20	34:24	1:11	26:50	1:19:17	F 40 to 49	V02 Maximum
46	14	Matt	Clare	17:02	2:31	36:25	1:46	21:52	1:19:38	M 40 to 49	London Frontrunners
47	58	Steven	Mills	15:32	3:18	34:19	1:08	26:03	1:20:22	M 40 to 49	
48	28	Stuart	Fox	21:11	2:50	32:23	1:00	23:12	1:20:38	M 30 to 39	
49	78	James	Ross	14:47	3:13	36:51	1:12	24:43	1:20:48	M 30 to 39	
50	54	Ross	Marshall	14:39	2:14	36:01	2:05	26:04	1:21:06	M 30 to 39	
51	69	Seb	PArrish	16:31	1:18	33:51	0:39	28:51	1:21:12	M 30 to 39	
52	41	Anthony	Hua	19:04	1:58	35:53	1:09	23:20	1:21:26	M 30 to 39	
53	6	Ian	Belsey	14:43	1:44	37:32	1:05	26:29	1:21:35	M 40 to 49	
54	84	Mark	Watson	15:25	2:12	36:38	1:04	26:38	1:21:59	M 30 to 39	
55	80	Kenn Ashleigh	Soldivillo	19:32	1:48	32:54	1:23	27:05	1:22:44	M 30 to 39	Ocean Lake Tri
56	70	Ralph	Petts	20:14	1:58	34:23	0:59	25:12	1:22:47	M 60 to 69	Dartford Harriers
57	10	Stephen	Briggs	19:13	2:49	34:46	1:06	25:19	1:23:15	M 60 to 69	DWOT
58	56	Marg	Mayne	14:48	1:52	38:38	0:58	27:14	1:23:32	F 50 to 59	Swale Tri Club

59	91	kay	zhang	17:55	2:37	36:31	1:05	26:22	1:24:32	F 40 to 49	Whiteoak Tri
60	93	Rupert	Gibbs	12:41	4:52	37:48	1:40	28:13	1:25:16	M 40 to 49	Ocean Lake Tri
61	12	Andy	Carter	19:28	2:19	36:45	1:28	25:48	1:25:51	M 50 to 59	
62	43	Derek	Johnson	17:18	1:57	36:38	0:42	29:49	1:26:26	M 50 to 59	Phoenix Cycling Club
63	29	Guillermo	Gilabert	17:48	2:03	41:57	1:06	23:35	1:26:31	M 40 to 49	Ocean Lake Tri
64	72	Vicki	Prout	19:23	2:37	35:37	1:28	27:31	1:26:39	F 30 to 39	
65	81	Jake	Stephens	17:11	2:01	38:01	1:05	28:24	1:26:45	M 20 to 29	
66	95	Elissa	Millhouse	15:05	3:29	38:44	1:31	28:02	1:26:54	F 40 to 49	
67	90	Steve	Young	22:26	2:52	37:10	0:59	23:41	1:27:11	M 50 to 59	
68	44	MIKE	JONES	15:59	2:20	34:56	1:07	33:29	1:27:53	M 60 to 69	maidstone harriers tri team
69	18	Harriet	Cooper`	19:44	2:46	38:34	1:14	25:40	1:28:00	F 20 to 29	
70	88	Luka	Wrobel	19:21	5:51	39:33	0:54	23:23	1:29:05	M 30 to 39	
71	50	Olivia	Leroutier	19:10	2:47	40:55	1:31	25:56	1:30:20	F 40 to 49	Ocean Lake Tri
72	11	Andrew	Byard	18:46	2:20	35:47	1:13	33:47	1:31:55	M 50 to 59	Dartford Harriers
73	45	Michael	jones	17:38	2:46	41:29	1:44	29:37	1:33:15	M 20 to 29	

74	75	Ian	Robertson	20:12	2:57	41:41	0:42	28:07	1:33:41	M 50 to 59	Kent AC
75	27	Michelle	Fountain	21:27	1:45	40:43	0:49	30:56	1:35:41	F 40 to 49	Ocean Lake Tri
76	38	Martin	Hillier	20:52	3:26	40:38	1:58	29:48	1:36:45	M 40 to 49	
77	89	sarah	young	24:27	2:58	45:06	0:52	24:05	1:37:30	F 50 to 59	KentAC
78	17	Robert	Coombes	20:26	2:54	40:15	1:02	34:54	1:39:33	M 60 to 69	
79	35	marie	helly	22:54	2:52	42:21	1:02	36:41	1:45:52	F 50 to 59	
80	77	Gaby	Roch	25:01	3:26	43:45	1:04	33:45	1:47:02	F 40 to 49	